

**2010 IAAF World Junior Championships
Moncton, Canada - 19-25 July 2010
Timetable**

Date	Time	Event	M/W	Round	
Monday 19 July	18:00	Opening Ceremony			
	19:25	3000m	W	Final	
	19:53	<i>MC 3000m W</i>			
Tuesday 20 July	09:00	3000m Steeplechase	W	Round 1	
	09:10	Shot Put	W	Qualification AB	
	09:30	Javelin	W	Qualification A	
	09:35	100m	M	Decathlon	
	10:05	800m	W	Round 1	
	10:30	Long Jump	M	Decathlon AB	
	10:45	Javelin	W	Qualification B	
	11:00	1500m	M	Round 1	
	11:00	Pole Vault	M	Qualification AB	
	11:35	400m	W	Round 1	
	12:20	Shot Put	M	Decathlon AB	
	12:25	100m	M	Round 1	
	18:30	100m Hurdles	W	Round 1	
	18:30	High Jump	M	Decathlon AB	
	18:40	Discus Throw	W	Qualification A	
	19:25	400m	M	Round 1	
	19:45	Long Jump	M	Qualification AB	
	20:10	Discus Throw	W	Qualification B	
	20:25	100m	W	Round 1	
	21:15	Shot Put	W	Final	
	21:30	400m	M	Decathlon	
	22:00	10,000m	M	Final	
	Wednesday 21 July	09:00	110m Hurdles	M	Decathlon
		09:10	Shot Put	M	Qualification AB
		09:35	400m Hurdles	M	Round 1
		09:45	Discus Throw	W	Decathlon A
10:10		Triple Jump	M	Qualification AB	
10:30		800m	W	Semi Final	
10:40		Discus Throw	W	Decathlon B	
11:00		400m	W	Semi Final	
11:35		10,000m Race Walking	W	Final	
12:30		Pole Vault	M	Decathlon AB	
18:15		Javelin Throw	M	Decathlon A	
18:20		<i>MC - Shot Put W</i>			
18:30		100m	W	Semi Final	
18:40		High Jump	M	Qualification AB	
18:50		<i>MC - 10,000m M</i>			

19:00	100m	M	Semi Final
19:10	Javelin Throw	M	Decathlon B
19:18	<i>MC – 10,000m Race Walking W</i>		
19:25	Shot Put	M	Final
19:30	400m	M	Semi Final
20:00	100m Hurdles	W	Semi Final
20:15	Long Jump	M	Final
20:25	Javelin Throw	W	Final
20:30	5000m	W	Final
20:50	100m	W	Final
21:00	<i>MC - Shot Put M</i>		
21:10	1500m	M	Decathlon
21:30	<i>MC - 5000m W</i>		
21:35	<i>MC - 100m W</i>		
21:45	100m	M	Final
21:50	<i>MC – Long Jump M</i>		

Thursday 22 July

09:05	400m Hurdles	W	Round 1
09:00	Hammer Throw	W	Qualification A
09:20	Pole Vault	W	Qualification AB
09:55	200m	W	Round 1
10:25	Hammer Throw	W	Qualification B
10:50	100m Hurdles	W	Heptathlon
11:15	Long Jump	W	Qualification AB
11:20	400m Hurdles	M	Semi Final
11:45	200m	M	Round 1
11:45	High Jump	W	Heptathlon AB
12:00	Javelin Throw	M	Qualification A
13:20	Javelin Throw	M	Qualification B
18:20	<i>MC –Javelin Throw W</i>		
18:30	200m	W	Semi Final
18:30	Shot Put	W	Heptathlon AB
18:45	Pole Vault	M	Final
18:50	<i>MC - 100m M</i>		
19:00	200m	M	Semi Final
19:20	<i>MC - Decathlon</i>		
19:30	3000m Steeplechase	W	Final
19:40	Discus Throw	W	Final
19:55	200m	W	Heptathlon
20:00	Triple Jump	W	Final
20:20	800m	W	Final
20:30	<i>MC- 3000m Steeplechase W</i>		
20:40	400m	M	Final
20:50	400m	W	Final
20:55	<i>MC - 800m W</i>		
21:05	1500m	M	Final
21:15	<i>MC - 400m M</i>		
21:20	<i>MC - 400m W</i>		
21:30	100m Hurdles	W	Final
21:33	<i>MC - Pole Vault M</i>		

	21:38	<i>MC - Discus W</i>			
Friday 23 July	09:00	1500m	W	Round 1	
	09:00	Discus Throw	M	Qualification A	
	09:35	110m Hurdles	M	Round 1	
	10:00	High Jump	W	Qualification AB	
	10:20	Discus Throw	M	Qualification B	
	10:45	3000m Steeplechase	M	Round 1	
	11:20	800m	M	Round 1	
	11:45	Hammer Throw	M	Qualification A	
	12:20	10,000m Race Walking	M	Final	
	12:20	Long Jump	W	Heptathlon AB	
	13:10	Hammer Throw	M	Qualification B	
		18:00	Javelin Throw	W	Heptathlon. A
		18:25	<i>MC - Triple Jump W</i>		
		18:30	<i>MC - 100m Hurdles W</i>		
		18:30	High Jump	M	Final
		18:40	4x100m Relay	W	Round 1
		19:00	<i>MC - 1500m M</i>		
		19:00	Javelin Throw	W	Heptathlon B
		19:10	4x100m Relay	M	Round 1
		19:30	<i>MC - 10,000m Race Walking M</i>		
		19:40	400m Hurdles	W	Semi Final
		20:00	Long Jump	W	Final
		20:10	400m Hurdles	M	Final
		20:20	Javelin Throw	M	Final
		20:25	200m	W	Final
		20:40	800m	W	Heptathlon
		21:10	<i>MC - 400m Hurdles M</i>		
		21:15	<i>MC - High Jump M</i>		
		21:25	200m	M	Final
		21:30	<i>MC - 200m W</i>		
		21:35	<i>MC - Long Jump W</i>		
	Saturday 24 July	13:25	<i>MC - Javelin Throw M</i>		
		13:30	Hammer Throw	W	Final
13:35		110m Hurdles	M	Semi Final	
13:40		Triple Jump	M	Qualification AB	
13:55		<i>MC - 200m M</i>			
14:10		800m	M	Semi Final	
14:20		Pole Vault	W	Final	
14:30		<i>MC - Heptathlon</i>			
14:45		4x400m Relay	W	Round 1	
15:10		5000m	M	Final	
15:30		Discus Throw	M	Final	
15:35		4x400m Relay	M	Round 1	
16:00		<i>MC - Hammer Throw W</i>			
16:10		400m Hurdles	W	Final	
16:17		<i>MC - 5000m M</i>			
16:30		4x100m Relay	W	Final	

Sunday 25 July

16:35	<i>MC - 400m Hurdles W</i>		
16:50	4x100m Relay	M	Final
13:20	<i>MC - 4x100m W</i>		
13:30	High Jump	W	Final
13:40	<i>MC - Pole Vault W</i>		
13:50	3000m Steeplechase	M	Final
13:50	Hammer Throw	M	Final
14:05	<i>MC – Discus Throw M</i>		
14:10	Triple Jump	M	Final
14:15	1500m	W	Final
14:23	<i>MC - 4x100m M</i>		
14:35	110m Hurdles	M	Final
14:42	<i>MC - 3000m Steeplechase M</i>		
14:55	800m	M	Final
15:02	<i>MC - 1500 W</i>		
15:15	4x400m Relay	W	Final
15:23	<i>MC - 110m Hurdles M</i>		
15:28	<i>MC – High Jump W</i>		
15:40	4x400m Relay	M	Final
15:45	<i>MC - 800m M</i>		
15:49	<i>MC - Hammer Throw M</i>		
15:53	<i>MC - Triple Jump M</i>		
16:00	Closing Ceremony (CC)		
	<i>MC - 4x400m W</i>		as part of CC
	<i>MC - 4X400m M</i>		as part of CC